READY?

MAKE A PLAN

BUILD A KIT

STAY INFORMED

KNOW YOUR NEIGHBORS







Anyone who has lived in the Gulf Coast region knows the threat of a disaster is a possibility for which residents must prepare.

In recent years, residents in this region have dealt with a range of major disasters—from hurricanes and floods to chemical spills and plant explosions.



MAKE A PLAN

A good preparedness plan can prevent or at least reduce the confusion and panic typically brought on by an emergency situation. Simply knowing what to anticipate once a disaster hits your area or your home is key to your family's safety. Start planning early by contacting the proper sources for help or information.

If you have children in public schools, make the time to learn details of the schools' preparation plans and exactly how to communicate with school officials during a disaster.

FUNCTIONAL AND ACCESS NEEDS

Anyone who may not be able to evacuate themselves, or may need additional assistance in an emergency, especially the elderly or disabled, should register for the State of Texas Emergency Assistance Registry by dialing 2-1-1 or visiting texasstear.org.

Some of the best online resources can be found at readyhoustontx.gov.



BUILD A KIT



Building a family emergency kit is crucial. During emergencies, you will need to be self-reliant for a period of time. You may want to consider two types of kits: a Go Bag and a Stay-At-Home Kit. A Go Bag is one you would take

with you in case of evacuation.

A Stay-At-Home Kit would come into play if you were taking shelter in your home. Drinking water and non-perishable food are essential, but don't forget about your pets. Make sure to add supplies for Fluffy and Fido, too.

Visit **readyhoustontx.gov** to get emergency kit checklists.





STAY INFORMED

(BEFORE, DURING AND AFTER DISASTERS)

For you and your family's safety, and the safety of your community: Start today making sure your family and your neighborhood are prepared to respond and cope before, during and after disasters.

Emergency Alert System broadcasts are activated by local authorities when there is an emergency. In addition to KTRH 740 AM, KUHF 88.7 FM is also reliable for emergency updates. Find links to more news and weather resources at readyhoustontx.gov.

KNOW YOUR NEIGHBORS

Residents of the Gulf Coast region know how to work together to get the job done. As we saw after Hurricane Ike in 2008, your neighbors can be the best source of help immediately after a disaster.

BASIC KIT SUPPLY LIST:

Enough for 5 to 7 days recommended

_	for drinking and sanitation)
	Non-perishable food
	Battery-powered or hand crank radio & weather radio with tone alert, plus extra batteries for both
	Flashlight and extra batteries
	First Aid kit & rain gear
	Whistle to signal for help
	Filter mask or cotton t-shirt, to help filter the air
	Moist towelettes, garbage bags and plastic ties for personal sanitation
	Wrench or pliers to turn off utilities
	Manual can opener if kit contains canned food
	Plastic sheeting and duct tape to shelter-in-place
	Items for unique family needs, such as daily prescription medications, infant formula or diapers
	Paper towels and disposable cups, plates & utensils
	Cash or traveler's checks, change
	Fire extinguisher
	Matches in a waterproof container
	Disinfectant
	Copies of important family documents in a waterproof container
	Books, board games and other non-electric entertainment
	WANT TO LEADN MODE?

Order your DVD copy of Are You Ready? today. This video made specifically for the Houston Region includes step-by-step information to help your family be ready for an emergency.



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